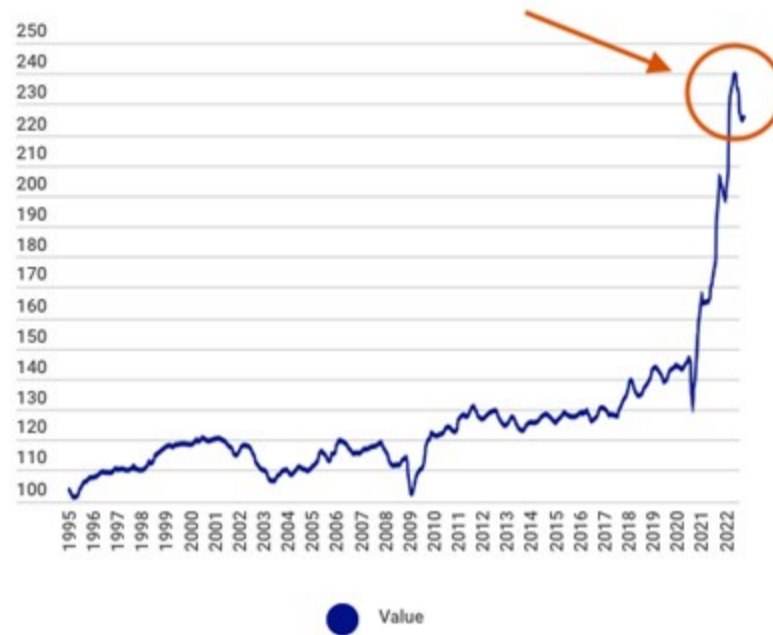# When Will The Stock Market Hit Bottom

The number one question I'm hearing this week is, "When are we going to see the stock market reach a low point?" In spite of recent volatility, my answer remains the same: rather than timing the markets, focus on time IN the market.

Bears and bulls are locked in a cage match. Bears are saying that the Fed's rate-increase cycle will lead to a recession, dragging stocks even lower. Bulls are finding reasons for optimism, such as lower used-car prices and generally solid first-quarter corporate earnings.

Shifting Into Reverse?

Source: Manhiem Used Vehicle Value Index, May 2022

There's no doubt that stocks have been gut-punched in the first half of 2022, and the bear bandwagon seems crowded. But Wall Street has a resilience all its own. Meanwhile, time IN the markets, not timing the markets, remains the wise way to go.

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